



### What does Blue Belt Signify?

Blue Belt signifies the Heaven, towards which the plant matures into a towering tree as training in Tae Kwon-Do progresses.

### When is Korean for 2-step sparring?

Ibo Matsoki

### When was Tae Kwon-Do International inaugurated?

13<sup>th</sup> November 1993

### What is the Blue Belt Pattern?

Joong Gun Tul

### What is the meaning of Joong Gun Tul & how many movements does it have?

Joong Gun is named after the patriot An Joong Gun who assassinated the first Japanese Governor General of Korea, Hiro Bumi Ito. The 32 Movements represent Mr An's age when he was executed in Lui Shung prison in 1910.  
32 Movements.

### Korean Translations

Closed Ready Stance 'B'	Moa Junbi Sogi 'B'
Rear Foot Stance	Dwit Bal Sogi
Low Stance	Nachua Sogi
Palm Pressing Block	Sonbadak Noollo Makgi
Twin Straight Forearm Checking Block	Sang Sun Palmok Momchau Makgi
'U' Shape Block	Digutja Makgi
Palm Waist Block	Sonbadak Hori Makgi
'X' Fist Rising Block	Kyocho Joomuk Chookyo Makgi
Reverse Knife Hand Outward Block	Sonkal Dung Bakaero Makgi
Palm Upward Block	Sonbadak Ollyo Makgi
Twin Upset Punch	Sang Dwijibo Jirugi
Twin Vertical Punch	Sang Sewo Jirugi
Back Fist Side Strike	Dung Joomuk Yop Taerigi
Arc Hand Strike	Bandal Son Taerigi
Palm Strike	Sonbadak Taerigi
Upper Elbow Strike	Wi Palkup Taerigi
Front Snap Kick	Ap Cha Busigi
Turning Punch	Dollyo Jirugi
Back Fist Side Strike	Dung Joomuk Yop Taerigi
Release Move	Jap Yasol Tae
Reverse High Punch	Bandae Nopunde Jirugi
Side Punch	Yop Jirugi
Reverse Knife Hand Strike	Sonkal Dung Taerigi
Side Fist Strike	Yop Joomuk Taerigi
Flat Fingertip Thrust	Opun Sonkut Tulgi

